



## December 2025: Winter Holiday Safety

### Teacher's Corner

As the holidays approach, the excitement—and exhaustion—can build quickly. With school events, family plans, and end-of-year busyness, it's easy to feel drained.

Remember that safety includes taking care of yourself. Small moments of rest—a walk, a book, or quiet cocoa—help you stay grounded and show up as your best self.

Encourage students to practice gratitude, kindness, and self-care, and model it within our teaching community. You're doing incredible work.

Wishing you warmth, safety, and balance this holiday season.

### Safety Tips for Students

1. Layer up! Wear a few layers to stay warm as the weather changes.
2. Cover your head, hands, and feet. Hats, gloves, and warm socks keep heat in.
3. Stay dry. Wet clothes make you cold fast—change into dry ones right away.
4. Zip up before you go out. Close your coat and snug your scarf so cold air can't sneak in.
5. Take Warm-Up Breaks. Come inside now and then to warm up and stay safe.



**Remember!**  
If a student  
discloses, **STOP** and  
**contact DCS**  
immediately at  
**800-800-5556**

### GIVE AWAY!

Holly's House is doing a giveaway for a teacher goodie basket. To enter, send your answer to the question below to [mfloyd@hollyshouse.org](mailto:mfloyd@hollyshouse.org). Please include your school and the grade you teach. "What safety topic would you like to see the Holly's House cover in the next few months?" The deadline for entering the giveaway is December 22nd.





# Story & Activity

## December 2025: Winter Holiday Safety

### Lawson the Safety Parrot & the Holiday Picture

It was the first day of winter break, and Lawson the Safety Parrot flapped his bright red and blue feathers excitedly. He loved the holidays—but he knew that some holiday fun needed extra care!

Lawson’s friend, Eli, was visiting his grandparents’ house in another town. Eli wanted to post a picture of the big, sparkling Christmas tree online. But he also typed, “We’re at Grandma’s house in Pineville!”

“Wait, Eli!” squawked Lawson, flying down from the mantel. “When we post online, it’s safer not to share exactly where we are. People we don’t know could see it.”

Eli looked surprised. “But I just wanted to show my friends the tree!”

“That’s okay,” said Lawson. “You can share pictures and fun moments, but just leave out the location. You could say, ‘Look at our holiday tree!’ That way, everyone sees your fun without sharing personal information.”

Eli smiled and typed the new caption. “Thanks, Lawson! Now I can share my holiday fun safely.”

Lawson flapped his wings proudly. “That’s right! Keep your personal information private, and your holidays will be safe and happy!”

### What Would You Do?

#### How to Play:

1. **Have students sit in a circle.**
2. **Read each scenario aloud, and let students raise their hand or share ideas about what they would do to stay safe.**
3. **Reinforce that there are no “wrong” answers—what matters is thinking about safe choices.**

#### Holiday Scenarios:

1. **You’re at Grandma’s house, and a relative makes you feel scared by yelling at you.** Possible Answer, “Tell a safe adult right away.”
2. **A family member asks you to do something that doesn’t feel right while helping decorate the tree.** Possible Answer, “Go somewhere safe, like another room or to a parent.”
3. **A relative wants you to open a gift in a way that feels strange or unsafe.** Possible Answer, “Say ‘No’ and remove yourself from the situation.”
4. **You’re visiting relatives in another town, and someone makes you feel worried about what’s happening.** Possible Answer, “Ask an adult for help.”

