



News & Updates



February 2026: Basic Medical Safety

Teacher's Corner

As we head into February, we want to take a moment to appreciate the care, patience, and dedication you bring to your classrooms every day.

This time of year can feel especially busy with state testing on the horizon, but the relationships you've built and the steady learning routines you've established truly matter. Thank you for showing up with heart, humor, and encouragement—your impact reaches far beyond any test score.

Safety Tips for Students

- **Only take medicine from a safe adult.** Never take medicine by yourself or from a friend.
- **Tell a safe adult if you feel sick, hurt, or dizzy.** Don't try to "tough it out"—your body is telling you something.
- **Know your allergies and speak up.** If something makes you feel itchy, sick, or hard to breathe, tell an adult right away.
- **Wash your hands to stay healthy.** Use soap and water before eating and after using the bathroom.
- **Don't touch medical tools or supplies unless an adult says it's okay.** Things like thermometers, bandages, and first-aid kits are helpful only when used correctly.

Remember!
If a student discloses, **STOP** and **contact DCS** immediately at 800-800-5556

TEACHER GIVE AWAY!



We're giving away another prize this February! To enter, email your answer to the question below to mfloyd@hollyshouse.org. Include your name, grade, and school.

Entries due Monday, February 16.

Question:

Which part of our newsletter do your students love most—Safety Tips, the Lawson story, or the Safety Activity?



Story & Game



Lawson the Medic

Lawson the Safety Parrot zoomed through Sunny School, feathers flashing and eyes watching. Being bright red wasn't just his style—it was his safety signal.

When Carmen rubbed her head, Lawson squawked, "Feeling yucky? Tell a grown-up—no superhero stuff!" Off she went to her teacher.

In the cafeteria, Lawson flapped by shouting, "Soap it up, people!" Kids laughed and washed their hands.

At recess, someone found a mystery bottle. Lawson dove in fast: "Nope! Only safe adults give medicine!" Straight to the nurse it went.

Before flying off, Lawson called, "Speak up about allergies—and don't touch medical stuff without an adult!" Squawk! Another safe day, thanks to Lawson on patrol.

"Doctor Says... SAFE or NOT?!"

How to Play

Tell students:

- If it's SAFE → Jump up, give a big thumbs-up, and shout "SAFE!"
- If it's NOT SAFE → Freeze, cross your arms in an X, and shout "STOP!"

Practice both moves once before starting!

Doctor Says Scenarios

- "Doctor says: You tell an adult when you feel sick or hurt."
- → Jump + thumbs-up + "SAFE!"
- "Doctor says: You take medicine without asking."
- → Freeze + arms X + "STOP!"
- "Doctor says: You wash your hands before eating."
- → Pretend to scrub hands + jump + "SAFE!"
- "Doctor says: You share your allergy info with a teacher or nurse."
- → Point to mouth, then thumbs-up + "SAFE!"
- "Doctor says: You touch medical tools just to play."
- → Step back + arms X + "STOP!"
- "Doctor says: You go to the nurse if you feel dizzy or have a bad headache."
- → Hold head, walk in place, thumbs-up + "SAFE!"

