



News & Updates

March 2026: Safety on the Internet

Teacher's Corner

Embrace Spring Renewal: Get outside for a walk during lunch or after school to enjoy the changing weather and get some fresh air.

Establish Boundaries: Practice saying "no" to extra, non-essential, or last-minute tasks to prevent burnout.

Digital Detox & Disconnect: Make a promise to not check school emails over the weekend or, specifically, over spring break.

Engage in Hobbies: Dedicate time to activities that have nothing to do with school, such as gardening, crafting, or puzzles.

Refresh Your Space: Bring in a spring plant, light a scented candle (if permitted), or declutter your desk to create a calmer, more welcoming classroom.

Safety Tips for Students

If a post, ad, or game promises free stuff, pause.

Most "free stuff" online is a trick. Think: Why would a stranger give this away?

Your personal info is valuable—protect it

Never share passwords, school names, or private details.

*Sneaky tip: Even small details can help someone guess your password.

Think Before You Click

Links that rush you ("Hurry!" "Last chance!") want you to stop thinking.

Smart move: Slow down and check with a trusted adult.

Remember!
If a student discloses, **STOP** and **contact DCS** immediately at 800-800-5556

And out newest winner is...!

We are excited to announce the winner of our recent newsletter contest — LORI WILSON, a first grade teacher at Luce Elementary. Congratulations! Thank you Lori for not only reading the newsletter, but also taking the time to share thoughtful feedback.

Thank you to everyone who participated and took the time to engage with our content. We truly appreciate your involvement.





Story & Activity

Lawson and the Tablet

Hi! It's me- Lawson the Safety Parrot, and you know I LOVE learning new things. One day, I was sitting on my perch when I saw a shiny tablet on the table.

"Squawk! The internet!" I said. "The internet can help us learn, play games, and watch fun videos – but only if we use it the safe way."

I tapped the screen and thought carefully before clicking.

"I always stop and think," I said. "Is this a safe website? Is a safe adult nearby?"

Suddenly, a pop-up flew onto the screen like a surprise parrot cracker!

"Squawk! That doesn't look right," I said. "Sometimes things online try to trick us."

I remembered my rules:

- I never share my real name, school, or passwords.
- I know that not everything online is real, even if it looks cool.
- If something makes me feel confused or scared, I tell a safe adult right away.

Before clicking a video, I asked myself,

"Who made this? Why is it here?"

"That's smart internet thinking!" I squawked proudly.

Internet Safety Game

Instructions:

Teacher reads a question.

- If the answer is SAFE, students give a thumbs up and say: "BONUS POINTS!"
- If the answer is NOT SAFE, students give a thumbs down and say: "GAME OVER!"

Questions:

1. You see a video with a cool title, but you don't know who made it. Should you stop and check with a safe adult before clicking before clicking?

Thumbs up – "BONUS POINTS!"

2. Someone online asks for your password so you can get free points. Is it okay to share it?

Thumbs down – "GAME OVER!"

3. You tell a trusted adult when something online makes you feel uncomfortable. Is that safe?

Thumbs up – "BONUS POINTS!"

5. You use the internet with a safe adult nearby and follow the rules. Is that a good choice?

Thumbs up – "BONUS POINTS!"

